

# Let's Stay Healthy Addendum

In reviewing other school and district sites in our area we have developed a Let's Stay healthy Addendum. The following changes to procedures and policies at Renascence School International will be in effect at the beginning of the 2020/2021 school year and remain so until the school, under the guidance of local and national governing bodies and public health organizations, determines otherwise. As the current public health situation continues to evolve, Renascence School International reserves the right to amend the below-mentioned policies and procedures at any time. Thank you for your support and understanding as we all continue to work together to provide a safe, healthy, and nurturing school environment for our young learners.



# **Drop-off and Pick-Up Routines**

- ✓ Parents and other family members will not be allowed on campus for now, with few exceptions:
  - Exceptions will be made on case-by-case circumstances
- ✓ While waiting outside drop-off and pick-up areas there will be social distance markers, hand sanitizer, gloves, and masks are required for students and adults

# **Pre-School Drop-Off**

- ✓ Families will enter the drive-in loop and wait in their cars to be assisted by R.S.I staff to check in
- ✓ R.S.I. staff will take the temperatures of students before entering the school and walk them to their designated classroom
- ✓ When entering the classroom, students will be required to wash their hands

#### **Elementary Drop-Off Procedure**

- ✓ Each grade level will be assigned a specific drop-off period time
- ✓ There will be two separate drop-off zones that will be easily identifiable
- ✓ Every car will enter through the main parking lot entrance and then proceed to their assigned drop-off area



- ✓ Each student will be expected to have their belongings ready to go. We ask that all parents remain in their vehicle throughout this process
- ✓ Before your child exits the vehicle, their temperature will be taken by an infrared thermometer
- ✓ If temperature is 100.4 or higher, they will need to remain in the car and leave campus with parent or guardian
- ✓ Once student has been dropped off you and your vehicle will depart at your designated exit

#### **Preschool Pick-Off Procedure**

- ✓ Parent/Guardian will enter the drive through loop
- ✓ R.S.I staff will assist to check out the child
- ✓ Parents/guardians will wait for our staff to bring them out from the classroom.
- ✓ There will be a designated waiting area if needed

Note: Parents need to exit their car and buckle in their students

#### **Elementary Pick-Up Procedure**

- ✓ Each grade level will be assigned a specific pick up time
- ✓ Pick up will be like drop off with two designated areas where you will be required to remain in your car
- ✓ Teachers will escort students to your vehicle and assist with belongings as needed
- ✓ Once student is secure in the vehicle each car will depart via their designated exit

Note: If your child needs assistance getting in their car seat please exit your vehicle to provide assistance

## Late Arrival or Early Pick-Up

- ✓ Drop off loop closed during the school day
- ✓ Parents must inform their child's Department Director if they will be late to school or picking up early
- ✓ Parents must wait at our check in station to be assisted by an RSI staff

#### Pre School Extended Care Covid-19 hours: 7:30am-8:30am & 2:30pm-5:00pm

✓ Drop-off loop will be open at 7:30 am



✓ After 3:30 pm please park your car and walk to the check in station (Do not enter campus pass the check-in station)

Note: As this is a new procedure for us and you, we will monitor its effectiveness throughout the first several weeks of school. We may need to adjust to better serve the health and safety of our school community.



# **Healthy Environment**

- ✓ A commercial service will provide a deep cleaning every night in all school areas
- ✓ Staff will be trained on COVID-19 symptoms, preventative measures, and classroom disinfection
- ✓ Staff members will follow an enhanced daily classroom cleaning routine on items utilized each day (toys, writing implements, books, etc.)
- ✓ Staff will use personal protective equipment (masks & perhaps face shields)
- ✓ Staff will have access to anti-bacterial sanitizers, hand washing stations, disposable gloves, masks and face shields to use as needed



# Water, Snacks, & Lunch Service

- ✓ All students must bring a clean, labeled refillable water bottle each day
- ✓ Parents can continue to use our vendor California Creationz through their website https://schoollunch.californiacreationz.com/
- ✓ Due to ongoing health crisis parents will no longer be able to deliver or bring food on campus for birthdays
- ✓ If you are bringing hot lunch from home and want in warmer it needs to be labeled with child's name and grade level and inside of a closed container (thermos, Tupperware)
- ✓ Hot lunch from home needs to be outside of backpack and handed to staff by student or parent so they can place in warmer





#### **Child Health**

- ✓ Children (2 years+) are highly encouraged to wear face masks
- ✓ Children K-8 will be required to wear a face mask
  - Please provide a clean mask(s) daily
- ✓ We ask our parents to take their child's temperature before coming onto campus. Staff will monitor student health throughout the day.
- ✓ Students who begin to experience symptoms of respiratory illness at school, including a fever of 100.4 or higher, will be isolated from other children until they can be picked up
- ✓ Students that show signs of illness will be placed in an isolated sick room where they will be under observation until their parent/guardian has arrived
- ✓ Parent or guardian must pick up their child within 1 hour of notification from school office

#### **Pre-School Inside the Classroom**

- ✓ Ongoing education of good hygiene practices
- ✓ We will teach our students about appropriate spacing and will promote social distance in the classroom and play yards
- ✓ Students will be spaced out within the classroom
- ✓ Toys, eating surfaces, restrooms and classroom supplies will be sanitized/disinfected throughout the day and will be rotated throughout the classroom.
- ✓ R.S.I. staff will clean, sanitize, and disinfect highly touched surfaces.
- ✓ Water cups/water bottles with a sealed lid must be provided daily and labeled. Eating surfaces will be sanitized before and after.
- ✓ The Preschool department will arrange staggered between classes to play on the playground
- ✓ **Hand Washing:** When entering the classroom, after playing outside, before eating, after using the restroom, students will be required to wash hands thoroughly using soap and water for 20 seconds
- ✓ **Spare Clothing:** Please ensure that your child has extra spare clothes in their cubby to avoid using the spare school clothing. We recommend parents provide 2 pairs of socks, pants, and shirts and 1 pair of shoes and sweatshirt. In the case where your child does not



- have any spare clothing, we can provide spare clothing but will require your family to wash and return.
- ✓ **Nap Time:** Students will continue to sleep on their own designated cot with their personal bedding. Each cot will be placed at a distance and sanitized daily. Please provide your child's bedding every Monday and take home every Friday. Their bedding must be in a closed bag upon storage and small enough to fit in their cubby.

#### **Elementary Inside the Classroom**

- ✓ Desks measured 6 feet apart with tape around chair legs to ensure social distance
- ✓ Teachers will rotate classes, but students will remain in the same desk and same cohort throughout their day
- ✓ Each student will have their own pencil box to keep inside of their desks labeled with their name.
- ✓ Doors and windows will be open for ventilation with air purifiers in each classroom
- ✓ Teachers will have access to the proper cleaning and sanitizing items to use throughout the day as they see appropriate. At the end of the day all classrooms and offices will be cleaned and sanitized according to recommended COVID cleaning procedures.
- ✓ Before entering classroom, students will be required to wash hands thoroughly using soap and water washing for 20 seconds
- ✓ Each classroom will be provided with hand sanitizer

#### **Elementary Outside of the Classroom**

- ✓ Staggered lunch/recess/snack time
- ✓ Each class will remain together outside and not intermingle with other classes
- ✓ Physical activity outside will be promoted outside as much as possible
- ✓ Masks will be allowed to be removed if students can remain at more than a 6-foot distance. If they cannot maintain social distance masks will be required outdoors
- ✓ Social Distance markers are set up throughout the campus
- ✓ Handwashing stations will be placed at outdoor play areas
- ✓ Tables for eating are marked with tape to promote distance at the lunch tables. A total of 3 students maximum can fit at normal lunch tables and 2 students maximum will fit at circular snack tables

#### **Communicable and/or Contagious Diseases**

Our responsibility is to prevent the spread of illness by teaching effective hygiene practices and by prioritizing rigorous school-wide procedures that keep our campus clean and our school family members healthy. During school days, students will learn that certain habits, such as frequent hand washing and the use of tissues for noses, can minimize one's likelihood of getting sick. Although our focus is on prevention, in the event that a student arrives at school feeling ill or becomes unwell while on campus, the school has established a



set of procedures to ensure the health and well-being of that student and that of the school population.

If a student exhibits any of the following symptoms, or any others indicative of a contagious or communicable disease, <u>parents are required to keep their child at home and notify the school by email or phone call.</u> Likewise, if the symptoms below are observed by school staff, parents will be asked to pick up their child. In order to minimize the discomfort of a student that is ill and avoid opportunities for contagious or communicable diseases to be spread on campus, <u>parents are expected to pick up their child within one hour of contact.</u> If a parent cannot be reached, the School office will call the alternate contact names on the authorization to release form in the order they are listed.

#### **Symptoms:**

- ✓ Fever of 100.4°F or higher
- ✓ Persistent cough or sore throat
- ✓ Shortness of breath or difficulty breathing
- ✓ Chills
- ✓ Runny nose
- ✓ Vomiting
- ✓ Diarrhea
- ✓ Red eyes with discharge
- ✓ Head lice

#### **Illness Infractions**

- ✓ Parents or emergency contacts who pick up their sick child past the 1-hour mark, will be issued first with a verbal warning
- ✓ If the child is picked up past the 1-hour mark for the second time, the parent will receive a written illness infraction
- ✓ The third and final warning will be issued to the parent if the child is left past the 1 hourmark, we will ask the student to stay home until further evaluation

Note: These measures are to ensure the safety of our students and our staff, there will be no exceptions to our illness policy

#### **Returning to School**

When a child is kept home or sent home due to illness, it is important that the child is given the appropriate amount of time to rest, recover, and ensure that they are no longer contagious, before returning to school. Below are the guidelines for a healthy return to school:

✓ If a student exhibited a fever of 100.4°F or higher, they must be fever-free for at least **72** hours without the aid of fever-reducing medication before returning to school.



- ✓ If a student experienced diarrhea or vomiting, these symptoms must be nonrecurring for a full **72 hours** before returning to school or with a written notification from a doctor advising that they are not contagious
- ✓ If a student had a communicable or contagious illness, they may return to school with written notification from a Doctor advising that they are no longer contagious
- ✓ A negative COVID -19 test will also allow students to return to school if they were sent home with COVID -19 symptoms.

#### **Important Note About Seasonal Allergies:**

At times, symptoms that appear to indicate an illness may in fact be the result of seasonal allergies. If the symptoms are indeed the result of allergies, the student can return to school with a letter from their Doctor confirming that the child is not sick and that they do suffer from seasonal allergies.



# **Social-Emotional Well-Being**

- ✓ Renascence and its staff understand the impact that social distancing, limited peer interactions, and an abrupt shift in routine can have on young children
- ✓ Teachers will work on supporting students' transition back to school on a socialemotional level
- ✓ Teachers will plan engaging individual and group activities to strengthen peer-to-peer connections and provide students with positive tools for social-emotional skill-building



#### **Staff Health & Wellness**

- ✓ Staff members will check their temperature at the beginning of each shift
- ✓ Staff members will self-monitor for signs and symptoms of COVID-19 and notify their supervisor if any develop (fever or respiratory symptoms)



✓ Staff will not be allowed to work if they have a fever (<100.4), are feeling ill, or experiencing respiratory symptoms



#### **Covid-19 Awareness and Action Plans**

Renascence School International passionately believes that a thorough understanding of the current research and guidelines, proactivity, and clear communication are key to navigating this public health situation. Before the beginning of the school year, all staff members will have participated in training on COVID-19 symptoms, preventative measures, and workplace disinfection. Teachers will also work with students to understand the importance of good hygiene. Students will learn how to properly wash hands, cover a sneeze/cough, and incorporate healthy habits throughout the day.

In addition to incorporating a myriad of preventative procedures for students, staff, and families, Renascence school has plans in place to prepare for various circumstances, including school closure due to Government mandate and/or an outbreak within our school population. If a student or staff member does contract COVID-19, Renascence School will follow recommendations from the CDC <a href="https://www.cdc.gov/">https://www.cdc.gov/</a> and communicate at every step of the way with our families, staff members, and local health authorities.

### **COVID-19 Symptoms:**

Renascence School International recommends that all parents review the recommendations provided by the CDC regarding COVID-19 prevention, symptom recognition, and more, by going to <a href="www.csc.gov">www.csc.gov</a>

The Center for Disease Control has provided the following information regarding COVID-19 symptoms.

People with COVID-19 have had a wide range of symptoms reported-ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus.** People with these symptoms **may** have COVID-19.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose



- Nausea or vomiting
- Diarrhea

This list does not include all the possible symptoms. The CDC will continue to update this list as we continue to learn more about COVID-19.

# **Multisystem Inflammatory Syndrome:**

MIS-C is a rare but serious complication of COVID-19 affecting children. According to the Centers for Disease Control and Prevention (CDC), MIS-C is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs.

Children with MIS-C may have any of the following symptoms:

- Fever
- Abdominal pain
- Vomiting
- Diarrhea
- Neck pain
- Rash
- Bloodshot eyes
- Feeling extra tired

The CDC acknowledges that it is still learning about MIS-C. Based on what is known about this illness, the CDC states that the best way to protect children is by taking the same precautions used to guard against COVID-19.



### **School Community Expectations**

Renascence School International is a community dedicated to Language, Learning, Leadership and Lifestyle opportunities for all of our children. The commitment of the entire Renascence community is essential for achieving the objectives of the students. Renascence school has added the following expectations as a part of this addendum.

We assume that parents have chosen to send their children to Renascence School International because they embrace this community's mission, vision, and values. Therefore, the school expects parents to support the letter and spirit of the content of this handbook as well as Renascence School handbook. Furthermore, we recommend that the parents reinforce similar values within their own families so the children will receive a consistent message.

While differences of opinion are natural, on occasion, a parent or student may exhibit discordant behavior that conflicts with the School's expectations for parent and student conduct. In most cases, those situations are resolved through discussion with the department director's and/or teachers. However, in the unlikely event that the School's leadership determines that an issue



cannot be resolved, the School may require a student withdrawal and/or prevent an adult from entering the premises.

# **Additional Parent Expectations**

- ✓ All adults must wear face masks upon entering campus
- ✓ Follow all the policies and procedures in this addendum, as well as the Parent-Student handbook
- ✓ Frequently check phone, email, and grade link for any communications/updates from the school
- ✓ Support student(s) by actively and consistently engaging with distance learning assignments and virtual classes should there be a need to temporarily close the school
- ✓ Monitor family members health and refrain from attending school if ill (see "Child health" above for details)

#### **Additional Student Guidelines**

- ✓ Come to school ready to learn!
- ✓ Follow the hygiene guidelines listed in this document with the help of parents and school staff (washing hands, covering mouth and nose when coughing/sneezing, etc.)
- ✓ Complete all distance learning activities in a thorough and timely manner should there be a need to temporarily close the school
- ✓ Elementary students to attend all virtual classes and lessons should there be a need to temporarily close the school